

PRP for Hair Loss

What is PRP?

- PRP is a natural product created from your own body. A small amount of blood is drawn from you and placed in a sterile tube that is spun down in a centrifuge to separate the different components of the blood. Red and white blood cells are divided from the platelets and the plasma (the clear fluid). This plasma now contains a higher than normal number of platelets and is called platelet rich plasma, or PRP.
- It is necessary to have a minimum of 3-4 monthly treatments for hair regrowth. Maintenance consists of one treatment every 6 months.

Understanding PRP Hair Loss Treatments

PRP can help to achieve the below benefits:

- **PREVENT** & slow down the rate of hair loss, thinning, hair shedding & hair fall.
- **REGROW** thinning hair thicker, fuller and healthier without relying on daily drugs or daily chemicals.
- **BOOST** the health & condition of the scalp naturally without harsh chemicals or drugs.
- **PREPARE** the scalp and skin if the patient is planning a hair transplant procedure
- **ACCELERATE** the recovery of the scalp and skin after surgery or a hair transplant.
- **PROMOTE** collagen levels
- **IMPROVE** the elasticity of your skin and scalp.

PRP can help to treat the following hair & scalp conditions:

- **GENETIC HAIR LOSS** also known as Male or Female Pattern Hair Loss, Balding, Recession, Hereditary Hair Loss & Androgenetic Alopecia
- **DRY, ITCHY & INFLAMED SKIN / SCALP** for example dandruff, an oily scalp or a dry and flaky scalp
- **TELOGEN EFFLUVIUM** is a condition often caused by stress & results in excess shedding and hair fall. PRP can assist to reduce the symptoms of telogen effluvium
- **ALOPECIA AREATA** is a Hair Loss condition caused by an auto-immune response. Hair Loss appears in the shape of small circles or dots. We have had excellent results using PRP to treat alopecia areatas.

Prior to Treatment with PRP

- No minoxidil or finasteride 3 days prior to treatment
- No active infection
- No alcohol or aspirin, anti-inflammatories for 48 hrs.
- No Steroids, Anti-inflammatories for 2 weeks prior to treatment.
- Optimal: Begin taking Pure Encapsulation B-Complex Plus and Thorne Research Zinc Picolinate.
- Optimal: Low Level Laser Treatments at Home.
- If anemic, must replace iron. I will recommend a high quality supplement.
- Pre-treatment consult is necessary.

What to Expect

- Medical History taken prior to treatment. May email paperwork.
- Assessment of Hair loss.
- Preparing for treatment: Clean hair and scalp, no products.
- Scalp is cleansed and prepared.
- Blood drawn, spin to extract PRP from blood.
- Injections in scalp. The injections will be mildly uncomfortable.
- Dermal Rolling to scalp.
- Leave dried serum and blood on your head overnight.
- Wash off the dried blood and serum, following day with a very mild shampoo.
- Mild redness, swelling, or bruising may occur and typically fade quickly within 48-72 hours.
- The PRP is made from your own cells, virtually eliminating the possibility of negative side effects.
- Home Care: Recommended Laser Light for Hair Growth, may use Minoxidil or Finasteride in between treatments.

Cost 2 Vials of PRP per Treatment

- \$600 One Treatment
- \$1500 Three Treatments
- \$2,000 Four Treatments