

Post Skin Pen Procedure Instructions

With Skin Fuse Products and Without

Patients Using Skin Fuse Products

Congratulations, you have chosen the optimal path to younger skin. The Skin Fuse products have been designed to enhance your Skin Pen results and encourage the collagen induction process to continue in between Skin Pen procedures. Skin Fuse products provide the essential nutritional requirements to restore healthy cell function to the skin. Ingredients in other skin care formulations may hinder new collagen formation and could cause damage to the skin.

Treatment Day Post Treatment

- Skin Fuse Lift (provided on treatment day) as needed for hydration.
- You may rinse treated area with water, cleanser should not be necessary.
- PM: Rinse treatment area, pat dry with clean soft cloth. Wait for skin to be dry. Apply Skin Fuse Rescue Serum (provided on treatment day).

Day after Treatment AM

- Wash face with Skin Fuse Purify, pat dry.
- Apply Skin Fuse Rescue Serum; allow serum to soak in, 5-10 minutes.
- Apply Shield Sun Screen after Reclaim has been absorbed.
- Prefer no make-up for 24 hours or at least until redness has subsided.
- Avoid strenuous exercise and excessive heat until day 4.

Day after Treatment PM

- Wash face with Skin Fuse Purify, pat dry
- Apply Skin Fuse Rescue Serum: allow serum to soak in, 5-10 minutes
- Apply Reclaim Moisturizer
- Do not apply any other products

Day 2-3

- Cleanse Skin using Skin Fuse Purify.
- Apply Skin Fuse Rescue or Lift if needed for hydration
- Apply Skin Fuse Shield Sun Screen
- May apply mineral make-up
- Avoid strenuous exercise and excessive heat until day 4 (Exercise and heat will cause the skin to become more red and prolong the recovery process).

Day 4 until next treatment

- Resume regular Skin Fuse Protocol
- Cleanse Skin AM and PM with Skin Fuse Purify
- AM apply Skin Fuse Fortify Vitamin C serum, allow to absorb
- AM follow with Skin Fuse Shield Sun Screen
- PM after cleansing, apply Reclaim moisturizer
- **Weekly, begin week 3**, apply Surge 1 Collagen Boost on clean and dry skin at bedtime, following cleansing. Surge 1 Collagen Boost is formulated to increase collagen production, skin firmness and elasticity.
- No tanning until all treatment sessions are complete (Protect new collagen)
- Hydrate with at least 100 ounces of water daily
- Supplements for Skin Health may be recommended based on individual assessments. Please discuss this with the Nurse Practitioner.

Post Skin Pen Procedure

Patients not using Skin Fuse Products

You will be given Skin Fuse Rescue and Skin Fuse Lift to take and use at home. **Do not use any other skin care products in the recovery phase as other products were not designed to be absorbed into the deep layers of the skin (Day 1-3).** Using products other than Skin Fuse may compromise your results and the healing process.

Post Procedure, Day of your Treatment

- Apply Skin Fuse Lift (provided on treatment day) as needed for hydration.
- You may rinse treated area with water, cleanser should not be necessary.
- PM: Rinse treatment area, pat dry with clean soft cloth. Wait for skin to be dry. Apply Skin Fuse Rescue Serum (provided on treatment day).

Day after Treatment AM

- Wash face with a gentle cleanser similar to Cetaphil, pat dry.
- Apply Skin Fuse Rescue Serum; allow serum to soak in, 5-10 minutes.
- Shield treatment area from the sun, do not use chemical sunscreens. You want a sunscreen that does not penetrate the skin.
- Prefer no make-up for 24 hours or at least until redness has subsided.
- Avoid strenuous exercise and excessive heat until day 4.

Day after Treatment PM

- Wash face using Cetaphil, pat dry
- Apply Skin Fuse Rescue Serum: allow serum to soak in, 5-10 minutes
- Do not apply any other products

Day 2-3

- Cleanse Skin using Cetaphil, pat dry.
- Apply Skin Fuse Rescue or Lift if needed for hydration
- May apply mineral make-up
- Shield treatment area from the sun, do not use chemical sunscreens. You want a sunscreen that does not penetrate the skin.
- Avoid strenuous exercise and excessive heat until day 4 (Exercise and heat will cause the skin to become more red and prolong the recovery process).

Day 4 until next treatment

- Resume regular Skin Care Routine
This should include a vitamin C serum, a moisturizer, a retinol, and an effective sunscreen. Do not use any retinol product, exfoliator or acid for one to two weeks.
- No tanning until all treatment sessions are complete (Protect new collagen)
- Hydrate with at least 100 ounces of water daily
- Supplements for Skin Health may be recommended based on individual assessments. Please discuss this with the Nurse Practitioner.